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LIME HILLS ACADEMY

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4th November 2024

Dear parents and carers,

As you know your children and young people have a rich curriculum offsite including being on farms, horseriding and woodlands. This means that there is a risk of ticks especially in woods and long grass.

Basically, a tick bites and then sucks blood. Once full it drops off after a few days. They are hard to get off and the danger is if they are 'sick' into your blood stream when being played with or attempting to remove. This can cause Lyme disease.

DONT use tweezers, pull or scratch them. Use a tick remover. Slide it under the tick between your skin and the tick then twist and continue to twist until it lets go and can be removed.

If in doubt, send child to walk in centre such as Clevedon cottage hospital.

If a small red ring appears around where you/they were bitten after a day or two, medical attention is needed and a doctors appointment is needed ASAP.

Ticks...



Are small animals that drink blood like mosquitos. They are found in long grasses, and on vegetation in wooded areas. Ticks can give you 'Lime disease' which is not nice at all.

After going in woods, check yourself... they look like tiny black/brown dots. Brush them off if crawling on you.



To feed they bury their heads and bite, then suck... you can't feel it. Don't pull the tick off or scratch it... **YOU DON'T WANT TO PULL THE HEAD OFF**

Use tick remover to **twist** it out safely.



If in doubt, go to a walk in centre. If the whole tick is not removed, seek medical advice. Avoid playing with it. The danger is when it regurgitates into your blood.

I would like to reassure you that we have not had any children who have been bitten by ticks.

Best wishes

Lis Jolley



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